

## **Adrienne Hart, MA, LMFT – Resumé**

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### **ACCREDITATION & LICENSE**

#### **Accredited Orgonomist**

Orgonomic Institute of Northern California

#### **California Licensed Marriage and Family Therapist LMFT# 45080**

NPI#: 1841565215

### **EDUCATION**

#### **Accredited Orgonomist** by the

Orgonomic Institute of Northern California, Mill Valley, CA 2011

#### **MA Counseling Psychology, 2003**

Meridian University, Petaluma, CA

Depth Psychotherapy, Psychodynamic emphasis

#### **BS Business, 1980**

University of Colorado, Boulder, CO

#### **California Real Estate Sales License 1978**

### **PROFESSIONAL TRAINING**

**Specialized training in the therapeutic approach as conceived and taught by Dr. Patricia Frisch, through the Orgonomic Institute of Northern California.** Dr. Frisch's unique Method is an amalgam of Wilhelm Reich's character analysis and Orgonomic biopsychotherapy and includes James Masterson's work with personality disorders and his additional character types. Carl Jung's Dream Analysis rounds out the Method into a complete therapy dealing with all phases of life from in utero to the end of life.

Additional training in:

Couples Therapy, Supervision of Mental Health Professionals,  
and Dream analysis.

Training since 2001 and ongoing.

1500 + hours as of 2018.

Dr. Patricia Frisch, Ph.D. "The Orgonomic Institute of Northern California", Mill Valley, CA. and at Esalen, Big Sur, CA.

[orgonomictherapy.com](http://orgonomictherapy.com)

Adjunct faculty at the Orgonomic Institute included trainings from Dr. Richard Blasband, M.D. His specialty is psychiatric orgone therapy, having studied with the individual Wilhelm Reich appointed to train physicians in his method of therapy.

### **EXPERIENCE IN PRACTICING SOMATIC THERAPY**

Accreditation as an Orgonomist includes proficiency in character analysis, Reichian biophysical interventions, and Dr. Frisch's Method.

### **THERAPEUTIC ORIENTATION**

Orgonomic Biopsychotherapy.

Reichian Character Analytic Psychotherapy.

Dr. Frisch's Method as described above incorporating Wilhelm Reich, James Masterson, and Carl Jung.

### **PROFESSIONAL EXPERIENCE**

**Psychotherapist in Private Practice 2007-present**

Work with individual adults and couples in depth psychotherapy in the Method as described above.

Expert in couple counseling as well as supervision of mental health students and professionals.

**Advanced training in group therapy 1997-present**

**Psychotherapist in Private Practice Internship 2005-2007**

Depth psychotherapy with individual adults and couples; supervised by Sarah Cirese, Ph.D., LMFT

**Community Institute for Psychotherapy 2001-2004**

**Marriage Family Therapist Intern**

Intensive 3-year clinical training providing psychodynamic outpatient therapy to a diverse population.

Advanced training in grief counseling, bereavement, and the dying process/terminal illness with the Center for Attitudinal Healing and The Living-Dying Project. 1995-1996

Real Estate Sales and Management 1984-2004

### **ADDITIONAL INTERESTS AND EXPERIENCE**

Life-long study of mind/body health 1976-present

Nutrition, optimal and sustainable eating, weight management, and exercise.

Integrative medicine.

Eastern spirituality and philosophy, especially Buddhism

### **MEMBERSHIP**

California Association of Marriage and Family Therapists